

# Deeper Dive

## Resources For Climate Emotions Support Group Facilitation

[The Alliance for Ecotherapy and Social Justice](#) This intergenerational, interdisciplinary, multi-cultural alliance provides Ecotherapy education and leadership through an intersectional framework aligned with social justice and community care. The Alliance for Ecotherapy and Social Justice offers regular events on liberation ecotherapy.

[Addressing Power and Privilege](#) This document by Vikki Reynolds includes a list of reflexive questions to help us address our access to power and the importance of accountability when working with others.

[AGPA Practice Guidelines for Group Psychotherapy](#) Written in 2007 by the American Group Psychotherapy Association, this guide focuses on developing and leading psychotherapy groups, including guidance on norms and ethical considerations for psychotherapists leading therapeutic groups.

[All We Can Save Project](#) Inspired by the book All We Can Save by Adrienne Rich, the All We Can Save Project includes a list of resources created for navigating the emotional terrain of climate change <https://www.allwecansave.earth/emotions> and guidance on hosting and facilitating “Circles.” Circles provide space for deep dialogue about the climate crisis and building community around climate solutions. <https://www.allwecansave.earth/circles>

[An Existential Toolkit for Climate Justice Educators](#) This website was initially launched by Jennifer Atkinson, Elin Kelsey, and Sara Jaquettee Ray to help students and staff develop the emotional resilience to stay engaged in climate justice work. The website hosts resources (activities, articles, media, etc.) that have been crowdsourced from the international community working to develop and support climate change resilience.

[The Circle Way - Resources](#) The Circle Way guides deep conversations that uphold racial, ethnic, gender, disability, economic, and environmental justice. These guidelines are excerpted from the books Calling the Circle, the First and Future Culture by Christina Baldwin, and The Circle Way by Christina Baldwin and Ann Linnea. <http://thecircleway.net>

[Climate and Mind](#) This website, managed by Andrew Byant, aims to explore how climate change impacts our thoughts, emotions, and behavior. It includes a range of resources across multiple disciplines about how humans cope with climate change. They also have a monthly Climate Psychology Study Group. <https://www.climateandmind.org/climate-psychology-study-group>

*From Climate Emotions Support Group Hub, Climate Psychology Alliance North America, <https://www.groupfacilitatorshubcpa-na.org/>*

[Training for Change - Facilitation Training](#) Training for Change is a training and capacity-building organization for activists and organizers. They provide online courses on group facilitation and a free ebook on leading groups online. Their courses cover various topics, from diversity to online facilitation, as well as courses and trainings in Spanish.

[White Supremacy Culture](#) This document by Tema Okun lists characteristics of white supremacy culture that show up in our organizations. Although this is not specific to leading climate groups, it is specific to working together in groups that are aligned with social and environmental justice. Please also consider learning more. [www.whitesupremacyculture.info](http://www.whitesupremacyculture.info)

[The Work That Reconnects Resources](#) The Work that Reconnects, founded by Joanna Macy, helps people connect to each other, the web of life, and transform despair and overwhelm into inspired and collaborative action. This website hosts an evolving list of resources, including articles, books, poetry, videos, etc.