

Books for a Deeper Learning

Resources For Climate Emotions Support Group Facilitation

[Active Hope](#) By Joanna Macy and Chris Johnstone, this book and [free online course](#) are an extension of The Work That Reconnects in a clear and straightforward format. The book and course use mythic journeys, modern psychology, spirituality, and holistic science to help participants strengthen their motivation to act for positive change and feel less overwhelmed by their concerns for the world.

[Coming Back to Life](#) This book, by Joanna Macy and Molly Young Brown, provides theoretical foundations and easy-to-use methods for using The Work That Reconnects in group work. In addition, the updated guide includes sections that address working within the corporate world and engaging communities of color and youth.

[Facilitating Group Learning](#) This book by George Lakey presents the core principles and proven techniques of direct education. Direct education focuses on liberation and empowerment and invites the wisdom of people's own experiences into meetings and trainings.

[Groups: Process and Practice](#) By Marianne Schneider Corey, Gerald Corey, Cindy Corey, this in-depth book is specific to group counseling. The authors provide examples, guidelines, and an enhanced diversity perspective to show how fundamental concepts of group process can be applied to various groups, including adults and children.

[Holding Change](#) This book by Adrienne Marie Brown is a curated collection of essays, guidelines, assessments, practices, and theories on the craft of facilitation written from a black feminist perspective and centering BIPOC wisdom.

[Improve Your Facilitation - Bookshop.org](#) A list of curated books on facilitation from the Good Grief Network.